



2023

Annual Report

Helping people.  Saving lives



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**THANK YOU TO THOSE WHO CONTRIBUTED
TO THE CREATION OF THIS ANNUAL REPORT!**

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OUR MISSION AND VISION

The mission of United Help Ukraine (UHU)

is to provide the people of Ukraine with critical support that will enable them to survive in the face of adversity, to defend and regain their sovereign territory, and to rebuild and thrive well into the future. UHU is committed to maximizing the impact of charitable contributions that support humanitarian, medical, and psychological assistance to those affected by Russian aggression. We also focus on raising awareness and advocating for Ukraine's freedom, democracy, and independence.

Our vision at United Help Ukraine

is to be a leading voice and partner, working diligently alongside the people and institutions of Ukraine so the nation and its people can heal and remain free, democratic, and independent.

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DEAR FRIENDS OF UKRAINE,

Last year was a second one of grueling war and unspeakable tragedy for the people of Ukraine and those of us devoting our lives to help. Some may look on it as a year when support diminished, when battle lines froze and when no end to Russian aggression was in sight.

But we know Ukraine can win with continued international backing. Last year was also one in which United Help Ukraine helped more people and saved more lives than ever through your great generosity and the tireless and heroic efforts of our volunteers and staff.

I continue to be amazed and grateful for the outpouring of support from the American people, reflected in their individual donations of time and money. We are also thankful to the U.S. Congress and president Biden for finally passing and signing into law a historic \$61 billion supplemental aid package for Ukraine. It provided substantial support to Ukraine, bolstering its defense capabilities and assisting in various other sectors.

We increased our staff in the U.S. and Ukraine and expanded our programs while shifting to focus on sustainability. We want to help in ways that others can carry on. We are training combat medics and psychologists, training those who will train yet more medics and therapists, renovating buildings and establishing centers for training, education, play for children and mental wellness. We donated water purification systems and seed packets in areas devastated by ecological disaster or newly liberated to start the cycle of life over again.

We see support coming from foundations and corporations, but also from ordinary people, including concertgoers and even a junior in high school, Amelia Cho, who organized a fundraiser that brought in \$5,000.

**Our work continues. With your help, we can do so much more.
Thank you once again for your incredible generosity.**

Sincerely,

Maryna Baydyuk
President
United Help Ukraine



Glory to Ukraine

AWARDS & RECOGNITIONS

United Help Ukraine and its dedicated team members and volunteers have been honored with **over 60 awards and recognitions** since 2014. These accolades celebrate our commitment to providing humanitarian and medical aid, offering invaluable support to military and state emergency units, assisting veterans and civil organizations, aiding communities and regions across Ukraine, and championing the volunteer movement.

These include recognition from Ukrainian President Volodymyr Zelensky and commander-in-chief Valerii Zaluzhnyi, as well as from high-ranking officials such as commanders of military units, directors of charitable foundations, and heads of state departments, among others.

In 2023, notable acknowledgments included:

The Order of Merit, Third Class,

awarded in 2022 but presented in person last year to Maryna Baydyuk by President Volodymyr Zelensky during his visit to Washington, D.C.

The Commemorative Medal "For Patriotism and Cooperation,"

presented to United Help Ukraine by Ukraine's National Guard.

These honors are testament to our ongoing dedication to serving those in need and fostering cooperation and patriotism within our community.



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Board, Staff and Volunteers



Dr. Maryna Baydyuk

President and Executive Director

Kyiv native Maryna Baydyuk has been president of United Help Ukraine's board of directors since 2019, and serves as executive director. She has been with the organization since its founding in 2014, when she started as a volunteer. Maryna has led the transformation of UHU from a small organization of Washington, D.C.-area Ukrainian diaspora to one of the most important U.S. charities dedicated to the Ukrainian people.

Maryna emigrated to the United States in 1997 and earned a Ph.D. in pharmacology from Georgetown University, where she is a professor and researcher focused on treatments for multiple sclerosis.

 *Glory to Ukraine*



Yaro Hetman

Board Member

Ukraine native Yaroslav (Yaro) Hetman is a United Help Ukraine board member and vice president of marketing and innovation for Come Near, the nonprofit behind the He Gets Us campaign. Before that, he was senior director of innovation at Compassion International, a global organization fighting child poverty.

Yaro spent 10 years at Ford Motor Company, most recently as global marketing director for electric trucks and commercial vehicles. He holds a bachelor's degree in international political economics from Colorado College and an MBA from the University of Virginia's Darden School of Business.



Rachel Iwanczuk

Board Member, First Secretary, Treasurer

Rachel Iwanczuk has been a member of the board of United Help Ukraine since its formation in 2014, and has served as secretary and treasurer. Much of her work with UHU centers on organizational matters, as well as social media, fundraising, and events to raise awareness of the tragedy unfolding in Ukraine.

She holds a bachelor's degree in agricultural economics from Cornell University and a master's degree in planning from Florida State University. She has been an urban planner for 25 years and specializes in agricultural preservation.



Natalia Saidoglu

Board Member, Second Secretary, Humanitarian Aid Project Manager

Kharkiv native Natalia Saidoglu joined United Help Ukraine in 2022. In addition to serving on the board, she comanages our humanitarian projects, including the “UkraineHilfe” project run from Düsseldorf, Germany, a partnership of UHU and German humanitarian organization AVP.

Natalia is a space systems architect. During her career, she has contributed to the designs of several of NASA’s Mars and deep space missions and multiple communications and earth observation satellites and satellite constellations. She graduated from Karazin National University and earned a Ph.D. in computational electromagnetics from the Institute of Radio Physics and Electronics of the National Academy of Sciences of Ukraine.



Ismail Shahtakhtinski

Board Member

Ismail Shahtakhtinski is one of the founding board members of United Help Ukraine. He is a practicing lawyer passionate about human rights and has experience supporting refugees and asylum seekers and advocating for fair immigration practices.

Born in Azerbaijan and now living in the United States, Ismail is married with two daughters and speaks multiple languages, including Turkish and Azerbaijani. He is committed to using his skills and knowledge to help those in need per UHU’s mission.



Anna Yabluchanska

Board Member, Medical Aid Program Director

Dr. Anna Yabluchanska joined United Help Ukraine in March 2022 and is a board member and director of the Medical Aid Program and assists in other projects. She earned degrees from the Medical School of Kharkiv National University and the School of Public Health at Emory University in Atlanta.

Anna brings extensive experience from the private and public sectors in Ukraine, the nation of Georgia, and the United States. She is actively engaged in cancer research at a global company and is the devoted parent of triplets.



Ruslan Zamaray

Board Member, Vice President

Ruslan Zamaray is a founder and vice president of United Help Ukraine and has been pivotal in its growth from a \$100,000 organization to one with a budget of over \$60 million in the wake of Russia's full-scale invasion.

Through strategic leadership and vision, Ruslan has been instrumental in ensuring the organization's sustained success, overseeing the establishment of robust supply chains for the timely delivery of aid to Ukraine. An IT specialist at the Federal Home Loan Mortgage Corporation (Freddie Mac), Ruslan spent his formative years in Afghanistan and Ukraine and emigrated to the United States in 1993.



Yuliya Murashko

Director of Operations and Programs

Kyiv-native Yuliya Murashko is the Director of Operations and Programs for United Help Ukraine. She joined UHU in 2014, shortly after its formation, and quickly became deeply involved in multiple aspects of its work. She served as a board member from 2015 to 2022 and as treasurer for four years.

Since assuming her full-time role at UHU following Russia's full-scale invasion of Ukraine in 2022, Yuliya has played a key role in the organization's growth, establishing it as a leading Ukrainian non-profit. Drawing on her prior experience as the corporate Program Director, Yuliya developed and implemented internal processes that provided a solid foundation for the organization's rapid advancement, all while upholding high standards of transparency and accountability. Yuliya has also overseen UHU's numerous programs and projects, deploying over \$65 million to date to support various initiatives in Ukraine.

She holds a bachelor's degree in Finance and Accounting Management and is a certified Project Management Professional.



David Bakelman

Director of Development

David Bakelman is the director of development for United Help Ukraine. He has held numerous executive positions at service-oriented and charitable organizations, and most recently was CEO of the National Pancreas Foundation.

Before that, he was CEO of The Pap Corps – Champions for Cancer Research, which raises funds for research at Sylvester Comprehensive Cancer Center at the University of Miami. He started his nonprofit career with the United Way of Metropolitan Atlanta as vice president of resource development. David holds a master's degree in social work from Florida State University and a bachelor's degree from Eckerd College in St. Petersburg, Fla.



Maryia Alenchyk

Brand Manager

Maryia Alenchyk joined United Help Ukraine in January 2023. She brings over 12 years of experience in branding, graphic design, and production. Maryia's expertise includes corporate and brand identities, packaging and event design, and production. She has experience as a graphic design producer and senior production manager at leading marketing and PR agencies in Ukraine and an association management company in the United States. A number of her projects are winners of Red Dot and iF Design Awards. Her work with global and local brands spans a broad cross-section of industries and the public sector.



Lena Bulgakova

Wounded Warrior Project Manager

Lena Bulgakova became a member of United Help Ukraine in 2022, after previously serving as a volunteer, and now co-manages Wounded Warrior Project.

Active in Ukrainian-American volunteer organizations since 2015, has demonstrated at the White House, organized concerts, and raised funds and supplies. But she is most proud of supporting wounded Ukrainian soldiers during their rehabilitation at Walter Reed Army Medical Center and helping organize their participation in the Marine Corps Marathon and the Invictus Games.

Professionally, Lena is the director of accreditation programs at a nonprofit organization.



Valeriya Chunikhin

Head of People Operations

Valeriya Chunikhin is head of people operations at United Help Ukraine. Originally from Kharkiv, Ukraine, Valeriya began her career in human resources after getting her master's degree in social sciences from the University of Tampere in Finland.

Eventually, Valeriya's life journey brought her to Washington, D.C., where she continued her professional career and settled to raise a family. Since the Revolution of Dignity in 2013-2014, Valeriya has harbored a deep desire to support her homeland in its journey for democracy and freedom. She has continuously sought ways to contribute positively to its development. With a background in HR and a heart for humanitarian efforts, she strives to make a difference.



Anna Kulyk

Website Manager

Ukraine native Anna Kulyk is the website manager for United Help Ukraine. She came to the United States in 2014 and started a new career in web development. Ganna has contributed to Mozilla Firefox and created web pages, web applications, and reusable components.

“In my role at UHU, I have found a profound sense of purpose,” she says. “Being able to utilize my technical skills to support a cause close to my heart is immensely fulfilling.”



Albina Lozitska

Donor Relations Administrator, Data Manager

Albina is a Ukrainian-American, born and raised in the city of Kropyvnytskyi, right in the center of Ukraine. She has a master's degrees in engineering and statistics and worked in research and clinical trials. Albina, along with her husband, has been a member and volunteer of United Help Ukraine since the very beginning when UHU was formed in 2014. She has always been an active UHU member participating in fundraising activities and rallies, helping wounded Ukrainian defenders who came for treatment to the U.S. Now she is applying her expertise and love of working with data by managing and analyzing the UHU donors' databases. She is also an active member of the Humanitarian Aid Committee and Wounded Warrior project.

In her free time, she enjoys nature walks and spending time behind the easel painting.



Daryna Maksymova

Events Manager

Kyiv native Daryna Maksymova is United Help Ukraine's event manager. She began reading the poems of Taras Shevchenko — Ukraine's national poet — in front of audiences at the age of 4. Daryna earned a degree in publishing and editing from Kyiv Polytechnic Institute and moved to the United States right after graduation. Her background in amateur theater helped her start a career in stage managing musicals and plays in the U.S.

She is proud to devote her work to helping Ukraine amid Russian aggression: One side of her family almost didn't survive Stalin's artificial famine, the Holodomor; the other side was deported to Siberia and barely made it back to Ukraine.



Liliia Novikova

Operations Support Specialist

Liliia Novikova is a passionate supporter of her Motherland and its people. She organized a children's camp in Sweden for Ukrainian refugee children and volunteered as an interpreter during her initial days in Sweden in March 2022. Additionally, she coordinated Swedish-Ukrainian projects assisting military doctors in Ukraine. With a master's degree in accounting and auditing, Liliia brings over a decade of financial expertise. She continually enhances her skills, completing courses in Neuromarketing and Project Management. However, her passion for blending analytics and marketing with project management makes her a valuable asset in various projects for the United Help Ukraine community.



Svitlana Ovchynnikova

Accounting Manager

Svitlana Ovchynnikova has been involved with United Help Ukraine since its inception and has been the Accounting Manager since 2022.

She grew up in the eastern Ukrainian city of Donetsk and graduated from Donetsk Polytechnic Institute. Svitlana emigrated to the United States in 1999 with her husband and two sons. Her last visit to Donetsk was in the spring of 2014, shortly before the brutal siege of the Donetsk Airport. Her dream is to stroll through the streets of her hometown following its liberation. Until then, she is resolute in her determination to aid Ukraine's restoration and prosperity.



Polina Shagin

Social Media Manager

Polina Shagin (they/she) is social media manager at United Help Ukraine. As former president of Students Supporting Ukraine at American University, Polina organized art fairs on campus that raised over \$10,000 in just one semester for organizations aiding Ukraine. They later graduated from American with top honors and a degree in international relations.

Polina has always been driven by a passion for social justice. Their commitment to advocacy was evident early on, starting as a social media manager for The Ruth Project, a youth organization that has successfully overturned sexist dress-code policies nationwide.



Alisa Smyrna

Administrative Assistant

Alisa Smyrna joined United Help Ukraine in 2023 to amplify the impact she was already having in working with volunteers to organize rallies and provide humanitarian aid to Ukrainian families devastated by war.

A native of the Kyiv region, Alisa studied languages and cultures at Kyiv National Linguistic University and became a flight attendant for Ukraine International Airlines, flying routes to the United States, the Middle East, and elsewhere. She emigrated to the United States in 2019 but has remained close to her Ukrainian roots.



Olena Solovey

Transportation Project Manager, Risk Manager

Olena Solovey began volunteering with United Help Ukraine in 2014 and since early 2023 has been UHU's risk manager and transportation project manager. She helped launch UHU's new vehicle repair project, which supports local repair shops in Ukraine as they help to keep evacuation vehicles running for those on the front lines. Olena created automated processes to improve communications and reporting for the project.

She earned a bachelor's degree in computer science in Ukraine, moved to the United States in 2002, and worked in insurance and risk management for a major government contractor. For 12 years she was a licensed insurance agent.



Tetyana Tarasevich

Marketing Design

Tanya Tarasevych is part of the United Help Ukraine marketing team. Her involvement with UHU goes back to its beginning as she led a partner organization in Ukraine. She and her family moved to the United States in 2023 to keep her children safe from the war.

Tanya is the co-founder and owner of a leading Ukrainian manufacturer of educational supplies and a developer of innovative learning tools for STEM laboratories and experiment sets for educational programs. For two decades, she worked to enhance and reform Ukraine's education system.



Regina Vasko

Wounded Warrior Project Manager

Originally from Kyiv, Regina Vasko co-leads the Wounded Warrior Project as a volunteer with United Help Ukraine. Following the pro-democracy Maidan events in Ukraine in 2013-2014 and the subsequent start of Russia's invasion, she actively participated in diaspora-organized events in the Washington, D.C. area.

Regina joined UHU in 2022 and focused on helping wounded Ukrainian soldiers obtain prosthetic treatment in the United States. Regina is a senior financial officer at the World Bank in Washington, D.C., working with global climate change programs.



Iryna Zakharchenko

Humanitarian Aid Project Manager

Iryna Zakharchenko is a volunteer and project manager at United Help Ukraine. The native of Kharkiv in northeastern Ukraine is a recruiter by profession and driven to connect jobseekers with opportunities that align with their passions and aspirations.

"I've witnessed the challenges of conflict firsthand," she says. "This personal experience fuels my commitment to supporting my community and contributing to positive change. Volunteering with United Help Ukraine allows me to channel this passion into meaningful action, providing assistance and hope to those in need."



Kateryna Zoubak

Smuha Family Resilience and Wellness Project Manager

Kateryna Zoubak manages the Smuha Family Resilience Project and other mental health initiatives for Ukrainian war victims as a volunteer with United Help Ukraine.

Kateryna has supported the implementation of early childhood and mental health-focused programs for over 10 years in the United States. She is a social science analyst and project officer with the Health Resources and Services Administration of the U.S. Department of Health and Human Services, where she supports early childhood systems innovation and transformation.



Sergiy Zoubak

Warehouse Manager

Sergiy Zoubak joined United Help Ukraine in 2023. He worked in biology before earning a Ph.D. in virology/molecular biology from the University of Paris. He won international recognition and came to the United States, where he focused on areas like developing DNA vaccines against cancer and Soviet bioweapons and studying the genetic basis of recovery from post-traumatic stress disorder.

Growing up in Kyiv in the last century, he witnessed the harsh realities of life under the Soviets, including pervasive cynicism, lies, and hypocrisy. Helping the people of Ukraine now is a deeply personal crusade fueled by a burning sense of responsibility and desire for justice.

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Our Programs

UNITED HELP UKRAINE HAS FOUR MAJOR PROGRAMS:



HUMANITARIAN WELFARE PROGRAM

The Humanitarian Welfare Program focuses on providing vital assistance to the most vulnerable populations in Ukraine affected by the war, including internally displaced people, residents of liberated and near the frontline territories, and families with children.

By offering essential resources and basic necessities, as well as means of rescue and evacuation, this program aims to alleviate the hardships faced by these communities.



MEDICAL AID PROGRAM

The Medical Aid Program supports healthcare infrastructure and the well-being of wounded individuals and their families.

This program provides critical hospital and ambulance equipment and supplies, training, as well as funding for the treatment and rehabilitation of the wounded. In addition, it offers resources for mental wellness support for families and children affected by the war.



DEFENDER'S AID PROGRAM

The Defender's Aid Program focuses on preserving the safety, physical health, and overall well-being of defenders of Ukraine.

The program provides lifesaving items including clothing, protective gear, tactical medical supplies and related training, and communications and surveillance equipment.



RAISING AWARENESS

The Raising Awareness Program aims to inform and engage the public about Ukraine's fight to defend its independence and sovereignty and to promote Ukrainian culture within the United States.

Through various events and educational initiatives, this program works to increase awareness, foster understanding, and build connections between Ukraine and the United States.



HUMANITARIAN WELFARE PROGRAM

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UNITED HELP UKRAINE'S HUMANITARIAN WELFARE PROGRAM HAS THREE MAJOR ELEMENTS: HUMANITARIAN AID, TRANSPORTATION, AND CHILDREN'S PROJECTS.

WITHIN THE HUMANITARIAN AID PROJECT

we focus on populations most affected by the war, such as those in liberated or frontline areas. We provide packages of food, medicine, and necessities, seeds to promote self-sufficiency in food, and water purification systems that provide clean water for thousands.

THE TRANSPORTATION PROJECT (see page 38)

delivers ambulances and four-wheel-drive evacuation vehicles to get wounded defenders to safety. In 2023, UHU also developed a network of repair shops to keep the vehicles running despite difficult driving conditions.

THE CHILDREN'S PROJECT (see page 41)

provides comfort boxes to calm children during air raids, safety training, and Christmas gifts to nearly 1,500 children in need.

(Through this project, UHU also works with the House of Kindness (see page 37) in the remote village of Sakhnovshchyna to provide a safe space for children and families to receive mental health and other services — and also just to play.)

In the spring of 2023, UHU donated comprehensive seed packets to 5,294 households in areas from Chernihiv in the north to Kherson in the south, enabling the cultivation of 23 crops, including onions, beets, cabbage, corn, and watermelon.

“We would like to express our deepest gratitude to you for the seeds of vegetables and flowers,” said a resident of the Kharkiv region. “Almost the entire Kupyansk district has already been provided with seeds, and the residents are very happy because taking care of gardens is not just a simple way to feed yourself, it is a national idea! Despite the shelling, they have the opportunity to distract themselves, take care of the plants with love, and get the much-needed harvest!”

In 2024, UHU is significantly expanding this project to support 12,000 households and extending it to new areas, including the Donetsk and Dnipro regions.

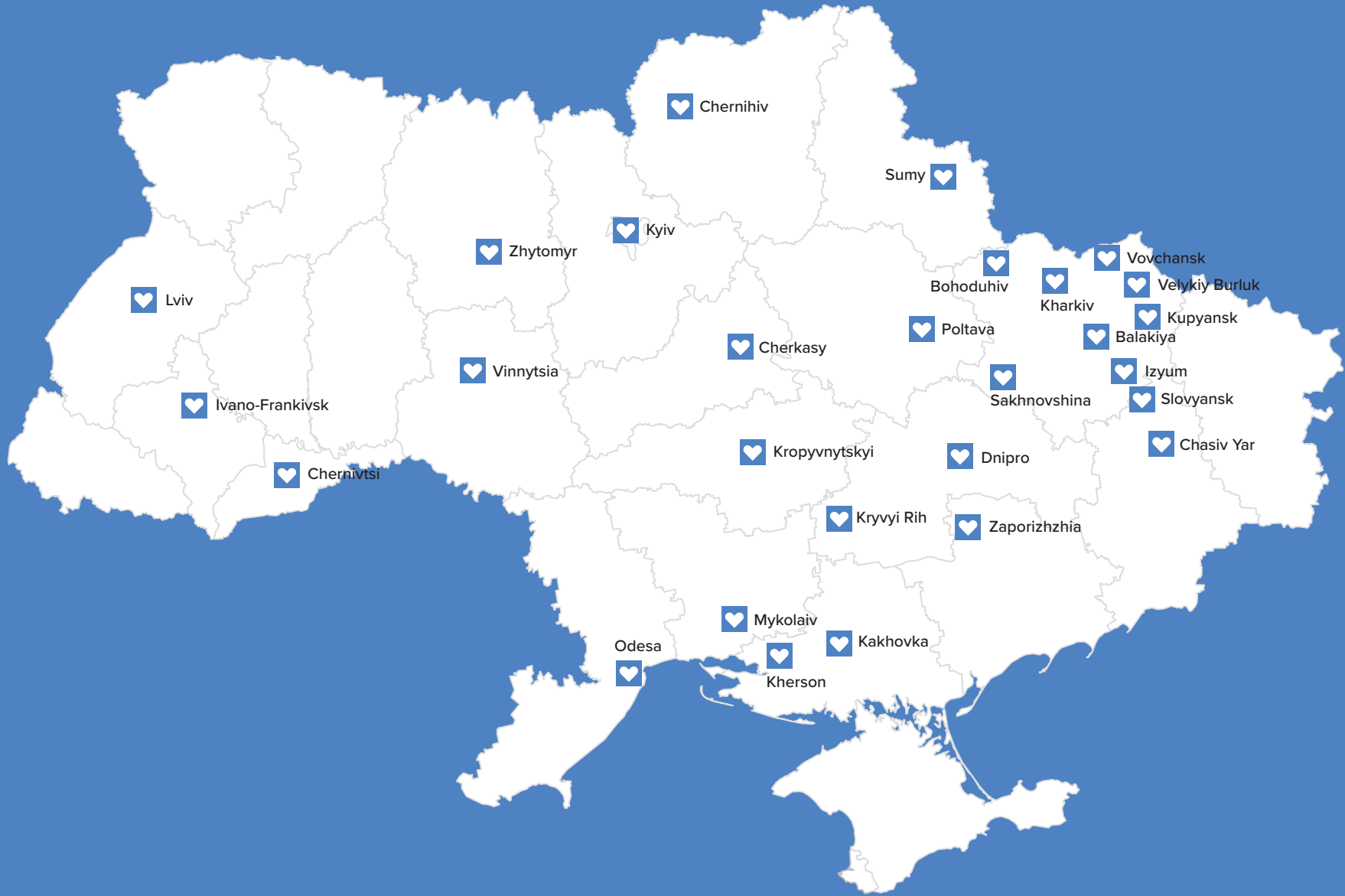
Following Russia's wanton destruction of the Kakhovka Dam in June 2023 — an unimaginable ecological catastrophe — UHU provided five reverse-osmosis water filtration systems to the Dnipro and Kherson areas to help stop the spread of diseases. These cutting-edge systems can produce 200 gallons of clean water per hour and now serve 8,000 people every day.

Access to clean water, a fundamental human right, is not only a source of hope but also a cornerstone of health and resilience. With continued help from our donors, we can ensure that families in Ukraine have the resources they need not just to survive but to truly thrive.

Total

\$2,840,694

♥ Evacuation vehicles	104
♥ Tires	500
♥ Ambulances	23
♥ Vehicles repaired	63
♥ Gifts for kids	1,500
♥ Bombshelter Comfort Boxes	200
♥ Water filtration systems	5
♥ People provided with clean water daily	8,000



♥ Lviv

♥ Ivano-Frankivsk

♥ Chernivtsi

♥ Vinnytsia

♥ Zhytomyr

♥ Kyiv

♥ Chernihiv

♥ Sumy

♥ Bohoduhiv

♥ Poltava

♥ Cherkasy

♥ Kropyvnytskyi

♥ Kryvyi Rih

♥ Odesa

♥ Mykolaiv

♥ Kherson

♥ Kakhovka

♥ Dnipro

♥ Zaporizhzhia

♥ Sakhnovshina

♥ Balakiya

♥ Izyum

♥ Slovyansk

♥ Chasiv Yar

♥ Kharkiv

♥ Vovchansk

♥ Velykiy Burluk

♥ Kupyansk

“The lifeblood of our nation has always been its people. Our Humanitarian Aid Program allows us to provide food, water, and other critical supplies directly to those who are most in need so they may continue to survive during this time of war.”

Maryna Baydyuk, President, UHU.

The Humanitarian Aid Program focuses on internally displaced persons (IDPs), liberated areas and most vulnerable populations.

HUMANITARIAN AID PROJECT HOUSE OF KINDNESS



United Help Ukraine’s support of the House of Kindness Community Resilience Hub is our humanitarian aid at work at a truly local level.

The settlement of Sakhnovshchyna, in the Kharkiv region, turned to UHU to help renovate a building in the impoverished rural community to meet the needs of local families. Through this partnership, the House of Kindness was born.

It is a family-friendly and play-focused space where children can thrive and be surrounded by friends and caring adults. Located near a humanitarian aid distribution center, the House of Kindness now serves **320 people**.

“When refugees or survivors of war are asked about how they have persevered during months of relocation and trauma, they usually describe healing through community and family ties, in addition to formal services such as therapy. Similarly, relationships between children and trusted adults are important factors that aid children’s recovery from trauma and adversity,” says Kateryna Zoubak, who manages UHU’s Smuha Mental Wellness Project and the House of Kindness Project.

Our vision for the House of Kindness is to create a long-term project that contributes to community resilience and post-war recovery, a safe place of respite for families.

In addition to the building renovations, UHU installed a playground, furnished a playroom with developmental toys and art supplies, and helped families with necessities from diapers to household items. The House of Kindness has organized community events and holiday celebrations, a mental health retreat for children, and mobile art therapy sessions with the help of mental health providers from Kharkiv.

Recently, we surveyed parents anonymously to solicit input and ensure the program was meeting its goals. All parents reported feeling satisfied with the help they received. One said, “We are so happy! Kindergartens and schools are closed now, and our child lacks interaction with other kids. At the House of Kindness, not only does she learn practical skills for performing various interesting activities, but also interacts with others.”

“House of Kindness is truly a space for community building and provides opportunities for children to be children, despite the challenges and unrest they experience every day, despite the losses they might have lived through and the fact that they may never return to their homes. This is what brings hope,” Zoubak said.

UHU invested \$45,000 in the House of Kindness and its playground in 2023.

TRANSPORTATION PROJECT

Saving wounded defenders



Life can be short for soldiers and equipment on Ukraine's frontlines under constant and cruel Russian attacks. Lifesaving equipment like evacuation vehicles is deliberately targeted by the aggressors as they seek to slash the survivability of wounded Ukrainian defenders.

Against this onslaught, the mission of United Help Ukraine's Transportation Project is to save defenders' lives by purchasing and delivering all-wheel drive civilian vehicles to the front. And last year, we developed a network of repair shops to keep such vehicles running. It is more cost-effective to repair than to buy vehicles elsewhere in Europe and deliver them to the front. For the cost of buying one vehicle, we can repair up to five.

We also provide ambulances for the field hospitals that are miles from the front and less vulnerable to attack. But the purpose of the civilian vehicles is to get the wounded over rough and treacherous terrain to the field hospitals where we hope they can be stabilized.

The life and quick destruction of one such vehicle illustrates the challenges we face.

We bought this vehicle, a used Nissan Patrol, outside of Ukraine and it needed repairs for \$9,180. (The Patrol, a large SUV, shares the same platform as the Nissan Armada sold in the United States.)

It was originally intended for a National Guard unit, but after an urgent call from the frontlines we sent it to a military unit in the

Donetsk region whose other vehicles had all been destroyed.

We delivered the Patrol quickly, within a week of the request. Between Thanksgiving and Christmas, the Patrol transported about 20 wounded defenders to field hospitals.

On one of the rescue trips, a shock wave from a blast disabled the electronic components of the fuel pump. Fortunately, we were able to have it repaired again, for about \$1,100, and the vehicle returned to the front where it was used to evacuate approximately another 20 wounded defenders as the unit was under heavy fire.

But just a week later, as members of the unit sheltered in a large Soviet-era factory, the vehicle was completely destroyed by Russian bombing.

The need is urgent and ongoing, but so is our determination. In 2023, we delivered 104 cars and 23 ambulances. Since the beginning of Russia's full-scale invasion, we have delivered 381 vehicles, including five fire trucks.

Through our new repair effort, we have provided for the repair of 63 vehicles to date, from relatively minor repairs to complete engine replacements.





♥
CARE BOX
for Kindergarten

UNITED
HELP
UKRAINE
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Deloitte.

CHILDREN'S PROJECT



Too often, children are the forgotten victims of war. But they suffer whether they have been physically injured or not. They suffer during air raids, they suffer when their parents are away at war, they suffer when their parents come home wounded, and they suffer when their parents never come home.

That's why United Help Ukraine has had programs to help children from the beginning.

Our longest-standing project tailored specifically to children is our Christmas gift project, which started nearly 10 years ago to provide solace to children of the pilots of a decimated helicopter unit. In a 2014 battle near Sloviansk, most of the 13 pilots of the 16th Army Aviation Brigade from Brody Air Base in the Lviv region were killed, the rest taken prisoner or severely wounded. For many years we provided gifts to 21 of their children for Christmas. The initiative to support children of Brody pilots laid a foundation for recurring UHU's Christmas Project.

Only last year, UHU's Christmas project resulted in the donations of nearly 1,500 gifts. Among the recipients:

- Two-hundred and fifty children aged 1 to 15 in several locations in the frontline Kharkiv region. Most are refugees and come from disadvantaged backgrounds, many live in destroyed homes in remote villages near the front lines.
- Five hundred and sixty children in the Kirovohrad region in central

Ukraine whose parents are dead, in captivity, missing, or severely wounded.

- More than five hundred children of the defenders of Mariupol and the Azovstal Iron & Steel Works, who held out against a much larger force of Russian invaders for almost three months in the spring of 2022. Hundreds died defending the plant, yet more died in captivity, and many remain prisoners of war.

We also were proud to partner with major professional services firm Deloitte in 2023, as its Washington, D.C.-area employees chose UHU as one of the beneficiaries of their Impact Day.

Deloitte workers came to UHU offices in Fairfax, VA. They packed **200 Bomb Shelter Comfort Boxes** for Ukrainian preschool and elementary school students with items to comfort them when they are taking shelter. UHU supplied the items for the boxes, including blankets, games and activities, and flashlights.

Finally, we worked with a nonprofit group in Chernihiv, a northeastern city not far from the Russian border, to offer safety training for children, including mine safety. The city was besieged by Russians for a month in 2022, and areas around it remain heavily mined. The children are taught to avoid and report possible explosive devices.



MEDICAL AID PROGRAM

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MEDICAL AID IS UNITED HELP UKRAINE'S MOST EXTENSIVE PROGRAM. IT ENCOMPASSES VIRTUALLY EVERY ASPECT OF SAVING THE LIVES OF DEFENDERS AND CIVILIANS. IT ASSISTS WITH PHYSICAL AND PSYCHOLOGICAL REHABILITATION TO GET TRAUMATIZED UKRAINIANS BACK TO LIFE AS NORMAL AS POSSIBLE.

Through purchases, partnerships, and in-kind donations from the U.S. and abroad, we obtain and distribute everything from syringes to ventilators and other life-saving operating-room equipment. The State of Maryland donated 168 ventilators that we transported to hospitals in need.

UHU'S MEDICAL AID PROGRAM PROVIDES:

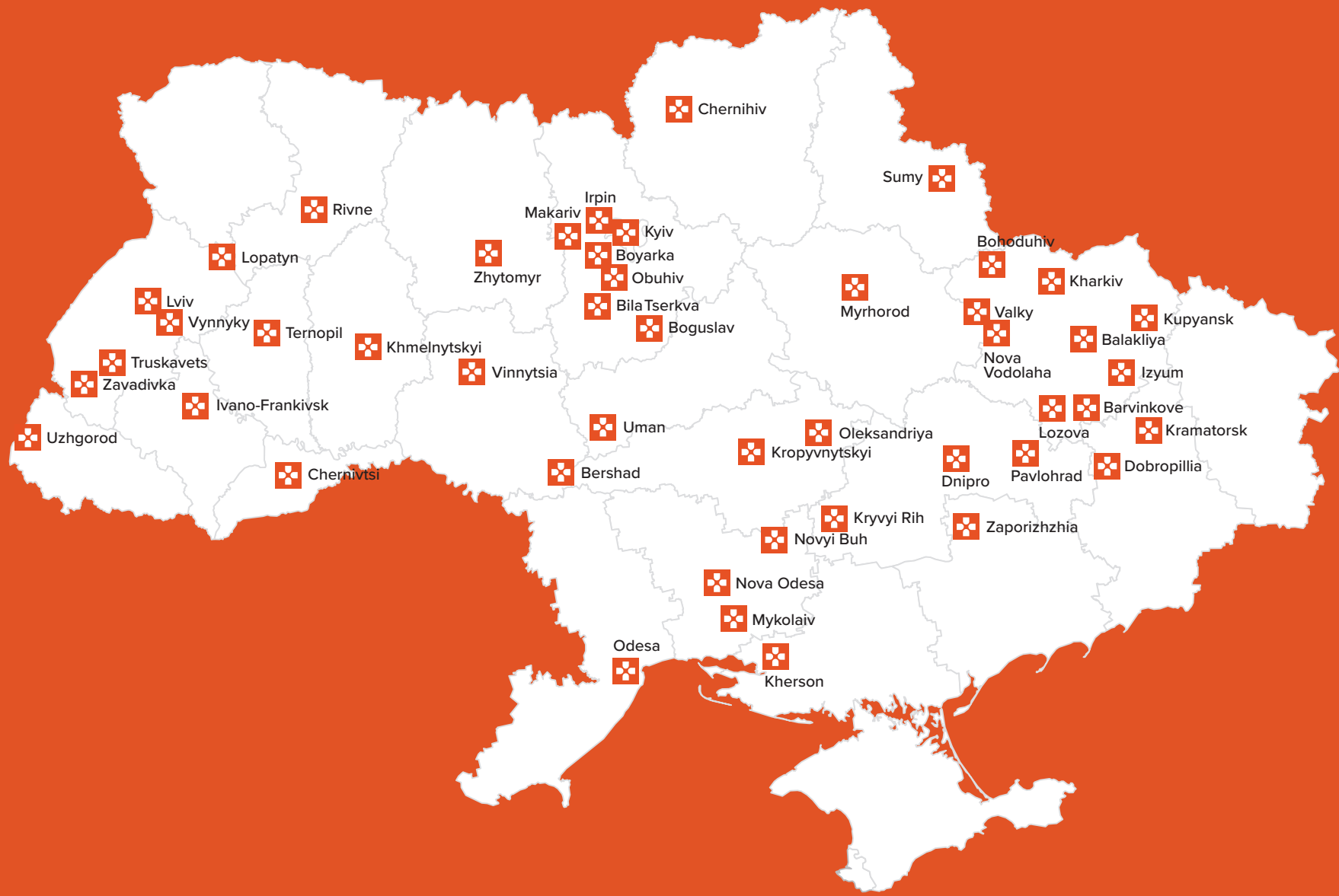
- Supplies and equipment to hospitals as well as to stabilization units in the field
- Resources and training for hospital staff to improve readiness for mass casualties through our **Project 22**
- Supplies and equipment for **ambulances**
- Travel, prosthetics and other assistance for amputees who require treatment in the United States through our **Wounded Warriors Project**
- Mental health resources for families and children, including therapy centers and training for psychologists, through our **Smuha Family Resilience and Mental Wellness Project**.

This program provides triage-training funds to help medical providers in Ukraine handle mass-casualty events. UHU has a joint venture with the Syrian American Medical Society in Washington, D.C., and the Ukrainian Medical Association called Project 22. This collaboration supplies a network of 43 hospitals on the front lines with resources to handle mass casualties.

Total

\$13,827,135

✦ Containers with medical aid shipped	19
✦ Hospitals provided with equipment	118
✦ Ambulances provided with equipment	47
✦ Smuha Mental Wellness Hubs opened	3
✦ Mental wellness therapists trained and providing support to families	48
✦ Parents provided with mental wellness support	611
✦ Kids and teenagers provided with mental wellness support	741
✦ Wounded warriors supported	7



United Help Ukraine's Medical Aid Program provides supplies and equipment to over 118 state-run and military hospitals across Ukraine. We also help cover medical expenses for wounded service members and veterans and offer additional support for living and travel costs for those who require long-term treatment.

“Medical aid is incredibly crucial during this time of intense conflict, and our Medical Aid Program allows us to provide much-needed, life-saving supplies to hospitals and other medical facilities across Ukraine.”

Maryna Baydyuk, President, UHU.



HOSPITAL AID PROJECT



The largest initiative within United Help Ukraine’s Medical Aid Program is to provide supplies and equipment to hospitals and ambulances in Ukraine.

In 2023, we shipped **19 containers** of such aid, with a total value of **\$13 million**. Each 40-foot container was packed with in-kind donations and supplies and equipment purchased by UHU thanks to the support of our donors.

“Since the program started in 2022, we have provided help to 118 hospitals,” said UHU Medical Aid Program Director Dr. Anna Yabluchanska. “Most of them are along the frontlines. That is our main focus, but we’re also working with hospitals in the country’s interior because patients don’t spend a long time in the frontline hospitals.”

With the help of UHU’s donors, one hospital in Kharkiv has been transformed, with a fully equipped new operating room installed on its second floor. The hospital’s original OR is on the fifth floor, causing problems for patient transport when power goes out and elevators aren’t working—a regular occurrence in Kharkiv.

Our medical aid also reaches the stabilization units closer to the front where the wounded are triaged before being evacuated by ambulance to the hospital.

Typically, wounded soldiers and civilians are evacuated from the frontlines in four-wheel drive vehicles that lack medical equipment (see UHU’s Transportation Project on page 38). They are taken to the stabilization unit for their first medical treatment, and then are sent via ambulance to a frontline hospital.

Properly equipped ambulances are also critical for survival. Recognizing this, UHU provided equipment for **47 ambulances in 2023**, including stretchers, ventilators, monitors, defibrillators, and surgical instruments.

Once patients are in the hospital and out of critical condition, they must begin rehabilitation as soon as possible. In October, we started a one-week pilot program in Kyiv for a new initiative, Project Reboot, and have already begun expanding it.

“Rehabilitation can’t wait until patients leave the hospital,” Yabluchanska said. “Some may require several surgeries and could be in the hospital for months.”

Muscles deteriorate when patients are in a hospital bed for so long. Project Reboot aims to get patients out of bed and engage in physical activity.

Where possible, they can be taken to a swimming pool.

PROJECT 22



In April 2022, six weeks into Russia’s full-scale invasion, hundreds of Ukrainians were trying to evacuate via the railway station in the eastern city of Kramatorsk. True to form, the Russians targeted the fleeing civilians — a missile attack killed 63 of them (including nine children) and wounded 150 (including 34 children).

Many of the wounded perished needlessly—including those with lesser injuries—even after reaching hospitals because local facilities were overwhelmed, their staff ill-prepared for mass casualties.

“Triage was not done properly,” says Dr. Anna Yabluchanska, Director of UHU’s Medical Aid program.

In response, United Help Ukraine initiated Project 22 in partnership with SAMS, Syrian American Medical Society in Washington, D.C., the Ukraine-based Revival Institute for Future, and the Ukrainian Medical Association. Originally involving 22 hospitals, the initiative to date has transformed mass casualty preparedness in 43 hospitals.

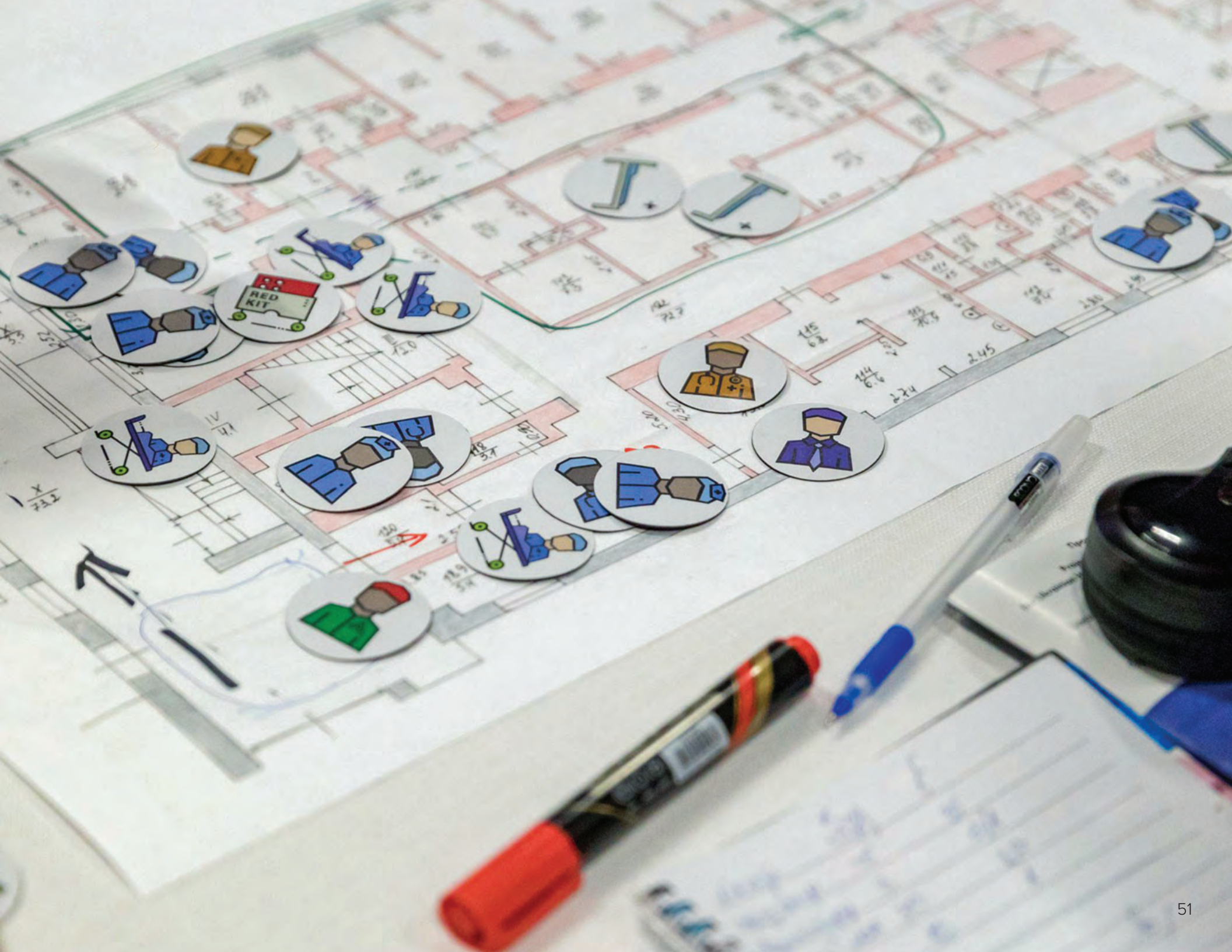
UHU provides funding and general guidance to the Revival Institute for Future, which implements the program. In 2023, the project

received additional funding from the United Nations’ International Organization for Migration and the Norwegian Ministry of Foreign Affairs.

Consistent with UHU’s focus on sustainability, Project 22 includes comprehensive training, coaching, and capacity building to address critical knowledge gaps in treating mass casualties.

The project’s main activities are two mass casualty preparedness training modules (basic and advanced) for hospital teams with best-practice sharing, a training module on change management for hospital personnel leading the transformation of their facilities, weekly one-on-one and group coaching for these change agents, and ongoing support for them.

Ten frontline hospitals are fully engaged in Project 22, but hospitals from seven regions are taking part. There have been two health-care summits for 85 medical workers and a change-management training module for 24 participants. The project involves 20 weekly coaching sessions.





WOUNDED WARRIOR PROJECT



The conditions of Heorhii Roshka’s amputation were gruesome. In a makeshift hospital in a bunker inside the massive Azovstal Steel Plant under nearly three months siege by Russian aggressors.

Then, after he and the other 2,000 remaining Azovstal defenders were ordered to surrender in May 2022, he endured six weeks of Russian captivity with virtually no medical care.

But the 32-year-old, twice-wounded Ukrainian marine and father of two has much to be grateful for, including the generosity of donors to UHU and its partner organizations, the efforts of our volunteers, and the extraordinary support of two U.S. healthcare organizations who provided services at no charge.

Thanks to the actions of so many involved, Gosha (as he is known) has had the site of his amputation surgically cleared by doctors at MedStar Union Memorial Hospital in Baltimore, Md., and has received a prosthetic arm and rehabilitation services from Medical Center Orthotics and Prosthetics in Silver Spring, Md.

UHU’s Wounded Warrior Project covered Gosha’s travel and stay in the Washington, D.C., area, and our staff and volunteers provided daily help with transportation and translation as well as travel, entertainment and emotional support.

In 2023, the project helped 7 Ukrainian defenders come to the United States to receive prosthetics and rehabilitation for free or at substantially discounted rates in cases where such care is not available in Ukraine.

Another component of the Wounded Warrior Project is equine therapy, with services provided in Ukraine in partnership with the group KHourage (Kharkiv+Courage). Interacting with horses offers soldiers on leave physical and mental benefits, including finding peace on a quiet farm and grappling with the extreme emotions of those who have served on the front lines. This cost-effective therapy can help the worries of war fade away, and we have provided it to more than 400 Ukrainian defenders, thanks to the generosity of our donors, partners, and volunteers.

SMUHA FAMILY RESILIENCE AND WELLNESS — AN EMOTIONAL LIFELINE FOR FAMILIES



Maryna and her daughter, Zhanna, were forced to evacuate from their home in Horlivka in 2014 when Russian aggression first started. Then they had to flee Sloviansk in 2022. They settled in a private home in Volyn with acquaintances and with Maryna's father.

Maryna suffered trauma, depression, and overwhelming emotions. She got individual counseling and participated in United Help Ukraine's Smuha Family Resilience and Wellness Project, including its art therapy sessions, and made gradual progress.

Over time, she learned to manage her experiences, setbacks, intrusive thoughts, anxieties, and uncontrollable tears. Maryna no longer feels anger at those she is living with. She now works online, does yoga, and even takes Zhanna to the beach.

Zhanna, who studies online, felt isolated and longed for live interaction. Attending Smuha sessions became an emotional lifeline for her, alleviating loneliness and providing peer support and the joy of in-person communication to process her emotions.

Maryna and Zhanna are just two of the many beneficiaries of UHU's Smuha project.

In 2023, our network of 48 trained psychologists in Ukraine helped around 1,500 people, prioritizing families at high risk, internally displaced people, and families of defenders.

We established two hubs last year, in Kyiv and in Bucha, the once lovely town now known to the world for mass torture and execution at the hands of Russian invaders. These centers, which both have a wait list, provide individual and group expressive arts therapy for children and parents, early development groups, inclusion, and a variety of creative arts classes.

In addition, Smuha psychologists help children and families at our new House of Kindness Community Resilience Hub in Sakhnovshchyna, an impoverished area in the Kharkiv region near the front lines. (See page 37).

But the need is great. Therefore, we are expanding our efforts at an exponential rate. In 2024, we are implementing a "train the trainers" model with the capability of putting many more trained psychologists in the field. From the current 48, we plan to reach 200 by having 10 trained clinician coaches recruit groups of 20 psychologists for specialized training and ongoing practice and supervision.





UNITED
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DEFENDER'S AID PROGRAM

Helping people.  Saving lives

2023
Annual Report

DEFENDERS' AID IS OUR TOP PRIORITY AT UNITED HELP UKRAINE BECAUSE UKRAINE'S SOLDIERS ARE FIGHTING FOR FREEDOM FOR ALL OF US AND BECAUSE VICTORY ON THE BATTLEFIELD WILL ALLEVIATE HUMANITARIAN NEEDS. WE STRIVE TO KEEP UKRAINE'S DEFENDERS AS SAFE AND COMFORTABLE AS POSSIBLE ON THE FRONTLINES AND, IF WOUNDED, SAVE THEIR LIVES.

Among the ways we do that is by offering essential support to Ukraine's defenders on the frontlines, ensuring they are equipped with the necessary gear and medical supplies to carry out their duties effectively.

We successfully partnered with Ukrainian band Antytila during their 2023 North American tour to raise funds for 10,000 IFAKs that have already been sent to the front. (See story on page 63.)

But UHU has gone a step further: In 2023, we began to train combat medics as well as the defenders themselves so they can provide initial treatment when they or their fellow soldiers are wounded. In June, UHU took on management and expanded the capabilities of a training center now called the United Help Ukraine International Center for Tactical Medicine.










Over 35 instructors provided comprehensive training to 4,500 defenders and combat medics over the period of 6 months at locations in Kyiv and Lviv and on the frontlines. Defenders are trained for just **\$20 per person**, so donors' generosity goes far. Each defender receives an IFAK, and combat medics get specialized backpacks stuffed with lifesaving supplies.

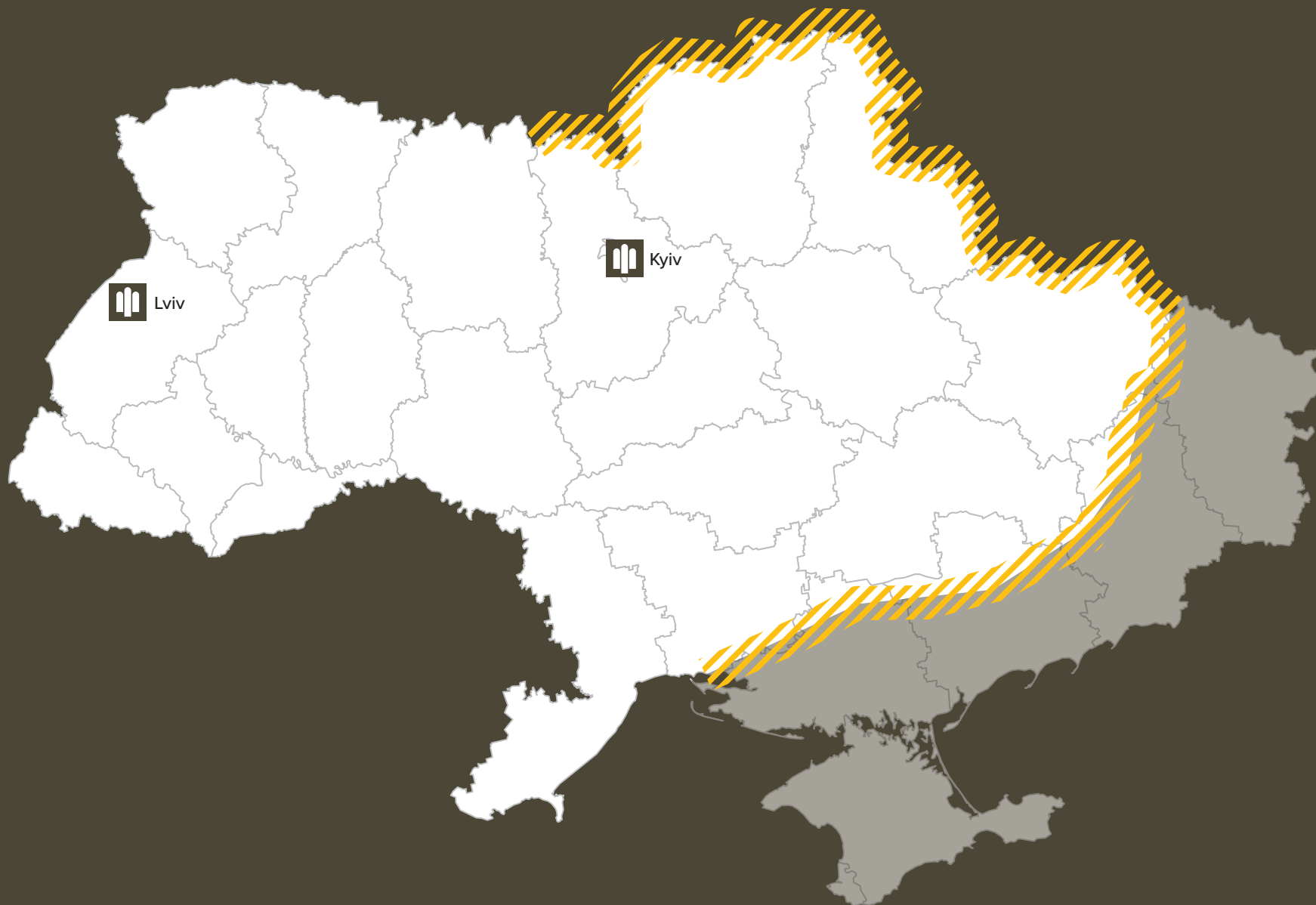
In all, UHU spent more than **\$2.3 million** on tactical medical supplies and training, more than **\$760,000** on surveillance, communications, electronics and power equipment (including **162 Mavic drones** and **309 generators**), nearly **\$760,000** on protective gear and other items to keep defenders warm in winter.

As always, we look for the most cost-effective ways to help: Instead of **purchasing 6,000** sets of thermal underwear for \$35 each, we procured fabric and had the sets sewn in Ukraine for just a third of the cost.

Total

\$3,789,458

 Tactical medicine supplies and training	\$2,257,183
 IFAKs	11,860
 CATs	27,097
 Defenders trained	4,579
 Fully stocked medical backpacks	117
 Surveillance drones	162
 Tablets	300
 Power generators	309
 Ecoflow power stations	68



 Lviv

 Kyiv

“Through our Defender’s Aid Program, we are able to provide vital supplies to support the brave individuals fighting every day for Ukrainian sovereignty and the freedom of the Ukrainian people.”

Maryna Baydyuk, President, UHU.

The Defender's Aid Program focuses on supplying humanitarian aid to defenders at the front lines. We also provide tac med training in our schools in Kyiv, Lviv and on location.



TACTICAL MEDICINE ROCKING FOR IFAKS



Serhiy Raylyan, a critically wounded veteran of Ukraine’s elite 79th Separate Air Assault Brigade, knows the value of the tactical first aid kits United Help Ukraine donates to Ukraine’s defenders. The one that saved his life also was donated by volunteers.

“Because of first aid kits like these, my mother still has a son, my sisters still have a brother, and my wife still has a husband.”

These individual first aid kits (IFAKs) contain supplies to stop heavy bleeding and stabilize the wounded until they can receive medical care. UHU provided nearly 12,000 IFAKs in 2023 through our Tactical Medicine program, the largest within UHU’s Defender’s Aid Program.

Serhiy suffered multiple broken bones, disfigurement, and blindness from a mine blast while fighting Russian invaders last year during the long Battle of Maryinka, in the Donetsk region.

In the United States for treatment and rehabilitation last October, Serhiy attended a benefit concert hosted by UHU and top Ukrainian band Antytila in Chicago to raise funds toward our goal of

purchasing 10,000 more IFAKs to save the lives of 10,000 Ukrainian defenders.

Many band members are experienced paramedics who volunteered as combat medics defending Kyiv and Kharkiv in 2022. The group launched its charity tour of North America in fall 2023 in partnership with UHU because the artists know that each IFAK is a lifesaver.

At the Chicago concert, Serhiy offered his beret — the powerful symbol of airborne troops’ identity — for auction to raise funds. Two bidders each offered \$10,000, but then decided to collaborate: They donated the \$20,000 and gave Serhiy back his beret. In all, the Chicago concert alone raised \$46,000.

“If this beret saves at least one life, I’ll be happy,” Serhiy told the crowd. “Our boys’ lives are priceless.”

Ultimately, the concert tour raised more than \$300,000. UHU donated additional funds and purchased the 10,000 IFAKs, which were delivered to multiple frontline military units in early 2024.

TACTICAL MEDICINE SCHOOL



Much of our Defender's Aid Program is dedicated to helping save soldiers' lives. Our tactical medicine school is a direct, cost-effective and sustainable way to do so. Here, certified instructors train ordinary soldiers and combat medics how to use the first aid kits and specialized backpacks we provide to save their own lives and the lives of others on the battlefield.

In June 2023, we took over management of what is now the United Help Ukraine International Center for Tactical Medicine in Kyiv, a facility that might have run out of funds had we not stepped in. The school meets international standards, including those of the United States and NATO.

Our **34 trainers** — most of whom are certified and many of whom have extensive battlefield experience — can instruct more than **500–750 defenders** and combat medics per month, **at the center and on the frontlines**, cost-effectively. The school itself has been certified to U.S. standards by the National Association of Emergency Medical Technicians.

Among the certified trainers are Americans Michael Primak, a trauma surgery physician assistant from Asheville, N.C., and Mark Stephen Lamanna, a former U.S. nuclear submariner who recalls tailing Russian ballistic missile subs under the Arctic ice during the Cold War.

Lamanna has trained in the United States and at a U.S. military facility in Landstuhl, Germany. He said training medics with combat experience in Ukraine makes for a powerful combination of theoretical knowledge and first-hand experience.

“This is the best training I’ve seen anywhere,” he said of UHU’s tac-med school. “And it’s because of the frontline experience and the expertise.”

Defenders are trained for just **\$20** each in our most basic, one-day course, the All Service Members course. Each defender receives a donated advanced first aid kit, or IFAK, and learns how to use and apply its components, such as tourniquets, gauze, and bandages. These skills must be second nature when every second counts.

Combat medics are given specialized backpacks stuffed with lifesaving supplies and receive training at two more advanced levels, the Combat Lifesaver and Combat Medical Corpsman levels. The CMCs can perform basic surgery and transfusions on the battlefield.

The medics' training simulates real-world situations: darkness and smoke in the basement of the school to resemble urban combat, and training in a field that includes moving the “wounded” on stretchers.

Many combat wounded have a matter of just hours to get to field hospitals, or stabilization centers, where they receive more advanced treatment and before being transported further to hospitals.

“The biggest challenge for the medics is to help and stabilize patients while carrying them on a stretcher for miles,” said United Help Ukraine President Maryna Baydyuk. “It’s usually hours until they can get a medevac vehicle to the location or get to the medevac vehicle.”

UHU has **provided \$85,000** in grants to the center so far and about **4,500** defenders and medics have been trained. “The school would have died were it not for UHU,” Baydyuk said.

This year, we are expanding our tactical medicine training to add a facility in the western Ukrainian city of Lviv.

“We will try to make sure that every single soldier who goes to the frontline not only receives a first aid kit but has good knowledge of how to use it,” Baydyuk said.





RAISING AWARENESS

Helping people.  Saving lives

2023 **Annual Report**



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Australia Syndey
New Zealand Auckland
Hungary Budapest
Slovakia Bratislava
Spain Barcelona
Portugal Lisbon

The Raising Awareness Program focuses on communities in the U.S. and around the world by organizing cultural events, fundraisers, speaking engagements, and more.

“Core to our efforts is ensuring we have community support and engagement. United Help Ukraine works globally to continue to raise awareness around the events on the ground in Ukraine and continue to encourage support for our defenders.”

Maryna Baydyuk, President, UHU

The Raising Awareness Campaign increases understanding of what’s happening in Ukraine and its implications for the world. We advocate for Ukrainian freedom, independence, democracy and postwar reconstruction.



THE WINMENT NATION

UNITED HELP UKRAINE

DONATE TO UKRAINE

JULY 4TH PARADE



The Fourth of July is about American freedom and independence, and what better way to remind Americans that Ukraine is fighting for the same things than to participate in Washington, D.C.'s National Independence Day Parade?

One important part of our Raising Awareness Campaign last year was the movement of the United Help Ukraine float along Constitution Avenue that day. It was inspiring to see so many in the crowd voicing their support for Ukraine. Organizing our participation and designing and handcrafting our beautiful float was a months-long process to which many in the UHU community contributed.

But we didn't just march down the street with UHU t-shirts and Ukrainian and American flags! We brought the rich sounds of Ukrainian music with top electronic dance band Probase Δ Hardi, whose energetic rendition of their hit song "Good Evening, Where Are You From?" resonated with the crowd. It was the highlight of our parade experience.

The event was also an impressive show of unity for the Ukrainian community and our American supporters. A diverse group of Ukrainians and non-Ukrainians marched alongside representatives of Ukrainian-American organizations and of the Embassy of Ukraine in the USA, including Ambassador Oksana Markarova. We thank her for her participation.

As another key part of our Raising Awareness Campaign, United Help Ukraine is proud and honored to be a founding member and a partner of the American Coalition for Ukraine. In 2023, UHU helped organize two Ukraine Action Summits to advocate for Ukraine and continue seeking support for freedom, democracy and justice.

The Ukraine Action Summit is an opportunity for organizations and advocates from all over the U.S. to build connections, share information, find ways to support each other, strategize for the coming months, and learn best advocacy practices, whether in Congressional district offices or on Capitol Hill.

CAROL OF THE BELLS



Few aspects of Ukrainian culture are as recognizable to Americans as the Christmas favorite, “Carol of the Bells.”

However, some may not know its origins as a traditional Ukrainian folk song, “Shchedryk,” that celebrates the season of rebirth and anticipation of a prosperous new year. That is where United Help Ukraine’s Raising Awareness Campaign comes in.

In December, UHU partnered with several other organizations, including the immigrant and refugee girls’ chorus Pihcintu, to create a moving video performance of the carol, which was produced for the benefit of Ukrainian children and shared on social media channels.

Portland, Maine-based Pihcintu was founded in 2006 and has helped more than 300 girls from 40 countries. Also participating were members of the Portland Symphony Orchestra, the Magic of Christmas Chorus, and the Mykhailo Verykivsky Kids’ Art School from Irpin, Ukraine.

“The joint effort between Pihcintu and United Help Ukraine not only reinforces the healing power of music, but also conveys the message of universal values of freedom, solidarity, and peace,” said Pihcintu Founder Con Fullam, an award-winning television producer, musician, and songwriter.

“We are grateful to Con and the Pihcintu choir and delighted to cooperate on the release of this poignant song and video,” UHU President Maryna Baydyuk said. “As we continue to raise funds for humanitarian aid for the people of Ukraine and the unjust war in our country, this beautiful song boosts our spirits and drives us further to help people and save lives in Ukraine. I also know that the video’s message of compassion and support will touch the hearts of many Ukrainians as well as all people all over the world who long for freedom and justice.”





 UNITED
HELP
UKRAINE

WAREHOUSE AND LOGISTICS

United Help Ukraine's logistical presence on the ground in Ukraine is a key advantage in delivering aid reliably and cost-effectively.

Many of our programs, including Defender's Aid, Medical Aid, and Humanitarian Welfare, run through our two 5,000 square-foot warehouses in Kyiv. **(UHU first opened a warehouse in the western city of Lviv within two weeks of Russia's full-scale invasion, but moved to the more central location of Kyiv in 2023.)**

The warehouse is kept humming with procured and donated items, moving in and out by our three dedicated warehouse managers: Maksym Produn, Yevheniia Soroka, and Maksym Zabolotnyi.

Maksym Produn, a 33-year-old tax consultant originally from Mykolaiv who immediately began volunteering to help Ukraine after the invasion, joined UHU soon after.

"In 2022, especially at the beginning, UHU was perhaps the only organization that swiftly deployed its operations in Ukraine, providing immediate tactical medical support, military clothing, footwear, equipment, and armored protection to thousands of defenders," Maksym says.

"Only thanks to UHU, hundreds of newly formed units were provided with everything necessary amid a total shortage of military supplies, which I believe enabled them to withstand the intense pressure from the Russians in those challenging initial days."

Yevheniia, of Kyiv, has volunteered with UHU since 2014, helping deliver aid to Ukrainian defenders at that time. She left her job as a lawyer in the banking sector in 2022 to devote herself to volunteering.

"In the first months after the full-scale invasion, our team worked nonstop and without weekends," Yevheniia says.

"We had to streamline all the processes of UHU's work and the delivery of humanitarian aid while having no prior experience in such matters. We had to learn very quickly, as both the military and ordinary civilians were waiting for our help," she says.

Maksym Zabolotnyi, 44, was an IT specialist helping develop educational equipment for schools in Ukraine. Soon after the full-scale invasion, he drove his wife and two young daughters to the Polish border, where they crossed to safety on foot.

He joined the UHU team in Lviv and is now in Kyiv, where his family has returned to him.

"I am confident that victory will be ours, and the Ukrainian nation will remain free and independent," he says. "I also believe that we can always make a difference, in everything and everywhere!"

Helping people.  Saving lives

2023
Annual Report

Partners





Helping people.  Saving lives

2023
Annual Report

Financial Report

2023 OVERVIEW OF REVENUES

TOTAL REVENUE

\$18,649,144

DONATIONS

\$5,429,344

FEDERAL CAMPAIGNS

\$106,138

FOUNDATIONS

\$187,509

FREE WILL DONATIONS FROM INDIVIDUALS

\$5,135,697

IN-KIND CONTRIBUTIONS

\$12,980,958

OTHER INCOME

\$238,842

2023 OVERVIEW OF ASSETS

AT THE BEGINNING OF THE YEAR

\$10,300,170

AT THE END OF THE YEAR

\$6,817,947

* Financials undergo an annual audit, and we are currently awaiting the results, which will finalize these preliminary financial statements.

2023 OVERVIEW OF EXPENSES

TOTAL EXPENSES

\$22,063,618

MANAGEMENT & OPERATING EXPENSES





\$819,113

FUNDRAISING EXPENSES

\$554,900

PROGRAM EXPENSES:

\$20,689,605

	Tactical Medical Supplies and Training	\$2,257,183
	Electronics and communications equipment	\$761,129
	Protective gear	\$686,405
	In-kind Donations to Defenders Aid Program (non-cash) Offset	\$84,740
	Humanitarian Aid Project	\$914,582
	Aid Delivery	\$562,380
	Transportation Project	\$1,256,518
	Children's Project	\$61,890
	In-kind Donations to Humanitarian Aid Program (non-cash) Offset	\$45,324
	Hospital Aid Project	\$642,360
	Project 22	\$116,856
	Wounded Warrior Project	\$110,063
	Smuha Family Resilience and Wellness Project	\$106,961
	In-kind Donations to Medical Aid Program (non-cash) Offset	\$12,850,894
	Raising Awareness Program	\$61,893
	Additional Program Personnel Expense	\$170,426



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TO DONATE BY CHECK, MAIL TO:

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PO Box 83426 Gaithersburg, MD 20883

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